



## **Envisioning Sustainable Urban Development Models for Rapidly Growing Philippine Cities**

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As a student of the University of the Philippines Open University (UPOU), we hold ourselves to a high standard of integrity, and by accepting this declaration below we reaffirm my pledge to act ethically by honoring the <u>UP</u> Principles for Responsible and Trustworthy Artificial Intelligence, and UPOU Guidelines on the Use of AI in Teaching and Learning.

We hereby declare that we used AI <u>only</u> for the following purpose/s:

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We acknowledge that the work we submit is largely the result of our own intellectual effort.

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#### Overview of the Sustainability Case

Prosperity and convenience – for most developing cities, the challenge of embracing development and progress while maintaining overall sustainability and comfortable living conditions is an ever-present concern. Several factors that further make sustainability even more challenging in growing cities include unprecedented urbanization, overuse of natural resources, improper waste management, and climate change (Bibri, Alexandre, Sharifi, & Krogstie, 2023). The Philippines, particularly in large cities and Metro's, is not far from this concern. While the upper income level families enjoy the luxuries and comforts of development, the lower middle to lower class families have taken the toll of rapid urbanization, inadequate infrastructure, and uneven distribution of basic services (Ballesteros, 2010). Continuously improving environmental systems of cities and enhancing its implementation is an urgent issue that is needed by all stakeholders.

To understand the dynamics of urbanization, it should be treated as a complex and dynamic system. The establishment of an urban development framework should include a thorough study of the national economy, the society in general, and the environment (Liu, Ma, & Lou, 2024). According to the 4th International

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 $<sup>^1</sup>$  As approved by the BOR at its 876th meeting on September 2, 1976 and as amended at the 923rd BOR meeting on January 31, 1980 and 1017th BOR meeting on March 8, 1988 and further amended at the 1041st BOR meeting on July 4, 1991 and 1051st BOR meeting on June 25, 1992



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Interdisciplinary Conference on Green Development in Tropical Regions in 2021 (Preface, 2024), the tropical region of Asia, including ASEAN countries, is one of the most dynamic regions in terms of urban development where there is a constant need to balance environmental preservation with economic growth. As mentioned in the conference, the challenges being faced by these countries, including the Philippines, as mentioned in the conference, include relatively poor implementation of agrarian reform, wherein housing construction and city development severely limits arable agricultural land. On the national context, the Philippine Development Plan (PDP) 2023-2028 (PDP.NEDA, 2023) is a six-year national economic plan that emphasizes poverty reduction, job creation, and economic-social transformation to improve national growth. It is mainly divided in four major areas: "Develop and Protect Capabilities of Individuals and Families", "Transform Production Sectors to Generate More Quality Jobs and Competitive Products", Enabling Environment", and "Plan Implementation, Monitoring, and Evaluation" (PDP.NEDA, 2023).

This paper aims to integrate in analyzing the challenges in the implementation of Urban Development and gaining balance between economic progress and environmental protection. Through the study of all the parts interacting within the dynamic system of urban growth, a sustainable framework is developed to aid the academe, urban planners, and all private and public stakeholders in achieving sustainability as a growing nation.

#### Scenario Analysis

For urban planners and politicians, the Philippines' cities' fast urbanization presents serious difficulties. In order to handle the environmental, social, and economic ramifications of rapid increase, effective urban planning and development methods are essential. This study describes a seven-step procedure for creating scenarios that would guide strategic planning and future thinking for sustainable urban development in the rapidly expanding Philippine cities.

## **Framing Challenge**

The strategic issue facing rapidly growing Philippine cities might be stated as follows: "How can we develop urban planning and development strategies that enable sustainable, inclusive, and resilient cities in the face of rapid population growth and urbanization in the Philippines?"

## **Driving Forces**

Opportunities and risks are the primary driving forces defining the Philippines' urban growth scenario. Opportunities come from untapped natural resources, technological innovations, and the potential for economic expansion. On the other hand, threats include environmental degradation, social inequality, infrastructural issues, and rapid population growth and urban migration.

### **Opportunities:**

- 1. Untapped Natural Resources: The Philippines has an abundance of resources from nature that can be used to promote sustainable urban development. This involves using renewable energy sources, encouraging eco-tourism, and promoting sustainable agriculture methods in urban areas. (Blanco 2020)
- 2. Technological Advancements: Technological developments provide chances for better urban planning, improvement of infrastructure, and service delivery. Smart city technologies, blue-green building techniques, and data-driven urban planning can help improve efficiency and sustainability. (Lavilla et al., 2021)
- 3. Economic Growth Potential: Urban areas are catalysts for economic expansion, drawing in capital, generating employment, and stimulating innovation. It is possible to use this growth potential to finance urban development initiatives and raise the standard of living for locals.





#### **Threats:**

- 1. Environmental Degradation: Rapid urbanization frequently results in environmental issues like biodiversity loss and pollution of the air and water (Hsu and Ou, 2022).
- 2. Social Inequality: Social inequality can be made worse by urbanization, which can result in differences in access to housing, healthcare, education, and other necessities. (Butcher et al., 2021).
- 3. Infrastructural Challenges: Cities that are expanding quickly often find it difficult to meet the demand for utilities like water, sanitation, and transportation. (Nicoletti et al., 2022).
- 4. Rapid Population Growth and Migration: Infrastructure and resources are strained by the growing population density in urban areas. (Siddiqy, 2017).

#### **Building Blocks**

With the key driving forces identified, the next step is to identify the critical uncertainties that will define future scenarios. These building blocks indicate key characteristics or elements that, while extremely unpredictable, have a substantial impact on the future of urban growth in the Philippines. Critical uncertainties for Philippine Urban Cities may include the effectiveness of urban planning and governance, the availability of sustainable infrastructure and resources, and the ability to foster social inclusion and reduce inequality. (Frias & Maniquiz-Redillas, 2021).

#### Scenario Framework

The scenario framework is built by mapping essential uncertainties along two major dimensions (2x2) to form a matrix of four possible scenarios. These scenarios offer possible alternative futures that can be used to assess the efficacy of urban development plans and guide in decision-making.



Figure 1. Futures Thinking Scenarios for Urban Development in Philippine Cities

#### **Current Scenario: Urban Strain and Inefficiencies**

The Current Scenario depicts the current state of urban growth in the Philippines. While some cities, such as Metro Manila, Cebu, and Davao, have seen fast growth, urbanization has far outpaced infrastructural development and environmental sustainability.

#### **Key Features:**

- 1. Poor road infrastructure and outmoded transportation systems cause significant traffic congestion, particularly during peak hours.
- 2. The housing crisis is caused by informal settlements and increased demand for affordable housing, leading to overcrowding and slum growth.
- 3. Overexploitation of resources from nature, pollution of air and water, and difficulty with waste management contribute to environmental degradation.
- 4. Limited access to essential amenities such as healthcare, education, and sanitation leads to social inequities between wealthy and vulnerable groups.





5. Poor Governance: Corruption, inconsistent policies, and decentralized local government actions impede efficient urban planning and development.

#### **Better Current Scenario: More Efficient Urban Systems**

This scenario implies that present trends are better handled by deliberate changes to government, urban planning, and infrastructure. While development remains rapid, attempts to enhance efficiency begin to show rewards.

#### **Key Features:**

- 1. Improved Public Transportation: Expanding mass transport systems like metros, Bus lines, and bike lanes helps alleviate traffic congestion.
- 2. Sustainable Housing Solutions: Government and private sectors work together to develop affordable and eco-friendly housing, integrating mixed-use places (residential, commercial, and recreational).
- 3. Investment in waste-to-energy facilities, renewable energy technologies, and green urban spaces can address environmental concerns.
- 4. Inclusive Urban Planning: Comprehensive city master planning that prioritizes excluded populations' needs, such as affordable healthcare, education, and sanitation amenities.
- 5. Decentralized Governance: Giving LGUs more power in urban planning, infrastructure development, and social welfare programs.

#### Ideal Future Scenario: Smart, Sustainable, and Inclusive Cities

In this scenario, cities have transformed into technologically advanced, sustainable, and inclusive urban ecosystems. Urban living has attained an optimal condition as a result of progressive legislation, technological investments, and collective citizen engagement.

#### **Key Features:**

- Smart Cities integrate digital technology, IoT, and data-driven approaches for traffic, educational
  institutions, healthcare, and security. Smart grids and sensors improve the efficiency of municipal
  services.
- 2. Cities with carbon-neutral infrastructure use energy-efficient buildings, renewable power approaches, and waste recycling systems to reduce carbon emissions.
- 3. Walkable cities with pedestrian-friendly designs, accessible public transportation, and bike lanes promote sustainability and health.
- 4. Inclusive Communities policies promote fair access to services, decent housing, and employment prospects for all social classes, especially marginalized and vulnerable populations.
- 5. Cities are resilient and adaptable to climate change, with designed effectively green spaces, flood drainage systems, and agriculture in urban areas to ensure long-term environmental sustainability.

#### Preferred Future Scenario: A Just, Resilient, and High-Quality Urban Life

The Preferred Future envisions an urban revolution in which cities promote social justice, resilience, and human well-being while being technologically advanced and sustainable. The expansion of cities is consistent with national and global objectives such as the UN Sustainable Development Goals (SDGs).

#### **Key Features:**

- 1. Community-Centered Development prioritizes people's quality of life, affordable housing, public safety, and access to high-quality services including healthcare, education, and transportation. (Subsidized by the government)
- 2. Policies prioritize equity and empowerment, ensuring equitable chances for disadvantaged populations like indigenous people, women, and the elderly. Employment initiatives prioritize diversity, with an emphasis on empowering local and PWD communities.





- 3. Green and Blue Infrastructure: Cities developed with ecological systems such as parks, green roofs, urban farming, and water management solutions promote climate resilience and biodiversity.
- 4. Collaborative Governance involves government, commercial sector, civil society, and residents working together to make decisions, plan projects, and implement them in cities.
- 5. Philippine cities are globally connected in business, education, and technology, while maintaining their unique cultural character and tradition.
- 6. Urban planners, legislators, and other stakeholders in the Philippines might gain a better understanding of the variety of potential futures for the cities by investigating the above scenarios

## Scenario Story: The Narrated Future

The Preferred Future is narrated below:

"By 2035, Metro Cebu will prioritize its residents' well-being through affordable housing, public safety, and access to quality services such as healthcare, education, and transportation (for example, the Metro Rail Electrical System While inclusive employment initiatives benefit local communities, including those with disabilities (PWDs), policies emphasize equity and empowerment, guaranteeing equitable chances for vulnerable groups including women and the elderly. Green and blue infrastructure integrates biological systems with urban places, boosting climate resilience and biodiversity while ensuring flood-free cities even during major typhoons and rainfall. Moreover, the emergence of eco-friendly projects such as solar-powered buildings and sustainable tourist practices assures that the city's future is both inclusive and robust. Collaborative governance fosters active partnerships between the national and LGUs, individual and private sector, ensuring participatory decision-making. At the same time, Metro Cebu is globally connected, blending local cultural heritage with international business and technology, creating a sustainable and inclusive environment for all."

## **Implications**

#### Possible implications and strategic options may include:

Table 1. Implications and Strategic Options

Scenario	Challenges	Implication
1.Current	<ul> <li>A declining standard of living for most people.</li> <li>Inadequate urban resilience to the</li> </ul>	Urgent measures are needed to address inefficiency, environmental deterioration, and governance challenges;
	<ul><li>effects of climate change.</li><li>Stress on infrastructure and social services.</li></ul>	
2. Better Current	<ul> <li>Ongoing urban sprawl that could result in overstretching of the infrastructure.</li> <li>Increasing inequality in spite of gains in important areas.</li> <li>Maintaining environmental sustainability while balancing urban expansion.</li> </ul>	infrastructure, but policy issues persist. Calls for additional funding for sustainable development. Integrating environmental factors
3. Ideal Future	<ul> <li>Maintaining a balance between technological advancement and social equity.</li> <li>Ensuring that urban development</li> </ul>	Represents a long-term vision that calls for significant changes in culture, technology, and government in order to create urban systems that are inclusive, resilient, and environmentally



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	does not compromise cultural heritage and diversity.	friendly.
	Integrating rural and urban areas for more balanced national development.	
4. Preferred Future	<ul> <li>Achieving the balance between social, economic, and environmental goals.</li> <li>Ensuring global economic pressures don't undermine local and sustainable development.</li> <li>Navigating potential resistance to change from traditional sectors or political interests.</li> </ul>	teamwork, and comprehensive urban planning.  More cooperation between the various governmental levels is required, as is the development of inclusive and participatory.

Indicators and Signposts Potential indicators for the preferred future may include:

Table 2. Potential Indicators for Preferred Future

Features	Indicators	
Community-Centered Development	Affordable housing projects	
	Public safety	
	Access to services (healthcare, education, transport)	
Equity and Empowerment	Inclusive employment programs	
	Increased representation of marginalized groups in local government	
	Number of policies and programs that promote diversity	
Green and Blue Infrastructure	Number of urban parks and green spaces	
	Implementation of rainwater harvesting	
	Increased presence of wildlife	
	Reduce carbon footprints	
	Mitigate climate change effects	
Collaborative Governance	Multi-stakeholder engagement	
	Satisfactory public feedback	
	Increased number of joint projects	
Global Integration with Local	cal Presence of global companies, technology startups	
Identity	Cultural celebrations and heritage preservation	
	Global connectivity (speed internet, star rating of international airports)	

Following the seven-step method, urban planners and policymakers in the Philippines may create a solid probable scenario to guide futures thinking and strategic planning for sustainable urban growth. These scenarios will help them foresee and prepare for a variety of possible futures, allowing them to make better decisions and build more resilient and livable cities. (Aquino and Palarca, 2021). (Estoque and Murayama, 2011) (Blanco 2020).

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#### **Causal Layered Analysis**

The following shows the Causal Layered Analysis of the urban development:

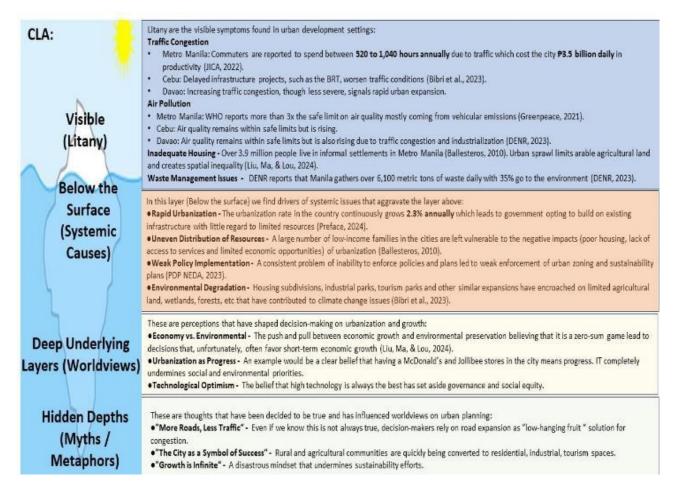


Table 3. Causal Layered Analysis

#### Layer 1: Litany / Visible Layer

These are observable symptoms in major cities that people talk (or complain) about on a regular basis but have been addressed in silo by stakeholder groups with looking into deeper systemic causes.

#### **Traffic Congestion**

Rapid population growth and migration exacerbate strain on transport systems (Blanco, 2020). In addition, the lack of coordinated governance between national and local agencies slows the implementation of sustainable transport solutions (Aquino & Palarca, 2021). The Table below shows the traffic congestion in the major cities of the Philippines:

Table 4. Traffic Congestion in the Various Cities

METRO MANILA	CEBU	DAVAO
Commuters lose between 520 to 1,040	Jeepneys and tricycles dominate	A 7% annual increase in
hours annually in traffic, costing the city	the transport network, contributing	vehicle ownership has led to
₱3.5 billion daily in economic	to gridlocks on narrow roads. The	growing congestion in key
productivity (JICA, 2022). The	delayed BRT system is an	areas. As Davao's economy
Philippines' urbanization rate has	example of failure to adapt	expands, the risk of
outpaced the expansion of transport	infrastructure to meet growing	replicating Metro Manila's
infrastructure, with only 5% of		



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commuters served by public rail systems.	population (Lavilla et al., 2021).	traffic issues looms large.
		Davao is at a crossroads where they will require investments in mass transit before traffic issues spiral out of control.

This issue stems from inadequate investments in public transportation, poor governance, and a car-centric urban culture. Delayed projects like the Metro Manila Subway, Cebu BRT and proper mass transport system in Davao City illustrate governance and financing bottlenecks.

#### **Air Pollution**

The tension between economic growth and environmental sustainability remains unresolved (Lavilla et al., 2021). This leads to technological advancements like green energy adoption to be underutilized (Blanco, 2020). The Table below shows the air pollution level in the major cities of the Philippines:

Table 5. Air Pollution Levels

METRO MANILA	CEBU	DAVAO
Vehicular emissions account for 80% of air pollution regularly breaching WHO guidelines (Blanco, 2020). Diesel-powered jeepneys are the largest contributors, emitting large amounts of carbon monoxide and particulates.	to industrialization near and along the coastlines which require clean energy adoption. Other growing concerns include transportation and waste	Air pollution levels are rising steadily alongside growth of industry. Early adoption of green policies could prevent worsening conditions.  Proactive planning in Davao is urgent to prevent environmental and social decline.

The country's over-reliance on fossil fuels coupled with poor enforcement of emission standards illustrates the need for cleaner transport options and policies.

### **Inadequate Housing**

The adequate housing has long been a problem for the urban poor but remains unaddressed in rapidly urbanizing cities (Santiago & Roxas, 2016). This exacerbates social inequality as residents have poor access to essential services such a quality housing, quality healthcare, and quality education (Blanco, 2020). The Table below shows the housing level in the major cities of the Philippines:

Table 6. Housing Status in the Major Cities

METRO MANILA	CEBU	DAVAO
Informal settlements, where more than 3.9	Similar to Metro Manila, 25%	Due to economic migration and
million people reside, are devoid of	of the population resides in	growing land costs, informal
essential amenities like clean water and	unauthorized housing, often in	dwelling is becoming more
adequate sanitation. 50% of migrants to the	areas susceptible to flooding.	prevalent. Informal settlements
city settle in low-income regions,	The construction of homes	may grow as Davao expands
contributing to the housing issue caused by	has been the main focus.	unless aggressive housing
the city's rapid population expansion		policies are put in place.
(Ballesteros, 2010).		





## **Waste Management Issues**

A threat to urban sustainability is environmental degradation (Lavilla et al., 2021) so it is critical that urban development strike a balance between environmental preservation and resource consumption (Estoque & Murayama, 2011). The garbage crisis is a sign of inadequate funding for waste management systems and lax enforcement of regulations. Incentivized recycling is one example of a community-based solution. The Table below shows the waste management issues in the major cities of the Philippines:

Table 7. Waste Management Issues

METRO MANILA	CEBU	DAVAO
Every day, the city produces more than	l •	
9,200 metric tons of rubbish, of which 30%	_	
is not picked up. While informal recycling		Manila and Cebu but its growing
programs lack official support, overflowing	capacity and marine	population risks overwhelming
dumpsites like Payatas pose a threat to the	pollution brought on by	current capacities.
environment.	improper disposal.	

Below The Surface (Systemic Causes)

The Table below shows the Systemic Causes:

**Table 8. Systemic Causes** 

METRO MANILA	CEBU	DAVAO		
Urbanization Pressures				
	Rapid population growth has caused strains in the country's infrastructure and resources. Additionally, the balance between urban expansion with sustainability in decision-making where the argument of development often wins over environment.			
Overpopulation due to rural-urban migration; density of 21,765 persons/km² (World Bank, 2023); urban sprawl limits green and agricultural spaces.	Population growth outpaces infrastructure; migration creates overcrowding in central districts (Lavilla et al., 2021).	Rapid urban expansion driven by economic opportunities; early signs of sprawl impacting periurban areas.		
Weak Governance				
Policy execution and coordination gaps h	as undermined urban resilience.			
Fragmented governance across 17 LGUs; inconsistent policies on transport, housing, and waste management (JICA, 2022)	Delayed infrastructure projects like the BRT highlight poor policy execution and weak coordination.	Relatively centralized governance; emerging challenges in planning for rapid growth.		
Insufficient Public Transport	Insufficient Public Transport			
Lack of sustainable transport systems using green transit systems has been underutilized.				
Only 5% of commuters served by rail; heavy dependence on jeepneys and private vehicles worsens congestion (JICA, 2022).	Reliance on jeepneys and tricycles; BRT delays leave commuters without efficient transport options.	Limited mass transit systems; private vehicle ownership growing by 7% annually.		
Economic Disparity				
There is widening gaps between socioeconomic groups.				

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Over 3.9 million informal settlers;	25% of the population lives in	Informal housing emerging due
housing policies favor middle- and	informal settlements; housing	to rising land costs and limited
high-income groups, marginalizing the	deficits exacerbate inequalities.	affordable housing policies.
poor (Ballesteros, 2010).	-	
Environmental Neglect		

### **Environmental Neglect**

Urban planning needs green solutions that address deforestation, pollution, and loss of biodiversity.

Urban sprawl reduces green spaces to below 5% of urban areas (ADB, 2022); poor waste management contributes to pollution.

Loss of coastal ecosystems and biodiversity due to unregulated urban expansion and improper waste disposal. Growing industrialization risks biodiversity loss; better waste systems but under pressure from growth.

## **Infrastructure Gaps**

Poor planning for climate risks and disaster preparedness results to a lag in investment for sustainability.

Inadequate investment in transport, housing, and waste systems; outdated drainage worsens flooding in typhoon-prone areas.

Road networks insufficient for urban demands; landfill overcapacity leads to illegal dumping (Lavilla et al., 2021).

Underinvestment in public utilities; infrastructure struggling to keep pace with population growth.

Deep Underlying Layers (Worldviews)

The Table below shows the worldviews of urbanization:

#### Table 9. Worldview of Urbanization

METRO MANILA	CEBU	DAVAO
<b>Growth-First Mentality</b>	L	
Short-term economic wins over ecologic	al preservation.	
GDP growth wins over environmental and social concerns; urban expansion is seen as progress despite its inequitable impacts (Blanco, 2020).	Economic development equates to attracting investments without necessarily considering environmental trade-offs (Lavilla et al., 2021).	Growth strategies are more reactive that puts environmental sustainability aside.
Car-Centric Urban Culture		L
Focus on road expansion and car use per	petuates transport inefficiencies.	
Private vehicle ownership is seen as a status symbol; government investments favor road expansion rather than public transport (JICA, 2022).	High dependence on jeepneys and private vehicles	Endangered to repeat mistakes of older brother cities.
<b>Short-Term Development Planning</b>		1
Programs address immediate demands ra	ther than long-term needs	
Infrastructure and housing projects are reactive (Estoque & Murayama, 2011).	Delayed transport projects like the BRT demonstrate a lack of forward-thinking strategies.	Weak plans to scale infrastructure to anticipate population growth.
Inequitable Urban Policies	1	<u>l</u>
Urban growth exacerbates disparities in a	access to housing, services, and opport	unities.



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Policies often favor middle- and highincome groups, leaving informal settlers and low-income families underrepresented (Ballesteros, 2010). Housing projects are skewed toward higher-income brackets, neglecting the needs of marginalized communities.

Early signs of inequity in housing and public services access for lower-income residents.

## Over-reliance on Technological Fixes

Over-reliance on tech solutions risks neglecting human-centered development and governance reform.

Belief that advanced technologies like smart city systems can address urban issues, ignoring social and governance complexities (Blanco, 2020).

Limited integration of smart technologies with community-based solutions hinders their effectiveness.

Growing interest in technology-driven solutions but with minimal focus on inclusivity or local adaptability.

Hidden Depths (Myths and Metaphors)

The Table below shows the myths and metaphors in urbanization:

## **Table 10. Myths and Metaphors**

METRO MANILA	CEBU	DAVAO			
"More Roads, Less Traffic"	"More Roads, Less Traffic"				
Road-building as a reactive approach f	ails to address the root causes of tra	affic congestion.			
A persistent belief that building more roads will reduce congestion, despite evidence of induced demand (JICA, 2022).	Focus on road expansion projects rather than public transit systems perpetuates traffic congestion.	No concrete plans to address car dependency over mass transport (for instance, controversial road bridge project to Samal island)			
"Urbanization Equals Progress"					
Overemphasis on growth undermines b	palanced urban development.				
Urban expansion is equated with modernization, often at the expense of agricultural land and environmental resources (Blanco, 2020).	Rapid urbanization is framed as a success, sidelining sustainability concerns (Lavilla et al., 2021).	Expansion of urban boundaries risks replicating unsustainable practices of larger cities.			
"Technology Will Save Us"					
Blind reliance on technology without a	addressing human and systemic con	nplexities.			
Belief that smart city solutions can fix all urban issues, overshadowing the need for systemic policy changes (Blanco, 2020).	Limited adoption of technological solutions reflects a disconnect between tech advancements and governance reforms.	Rising reliance on technology lacks integration with community needs and governance structures.			
"Housing for the Wealthy"					
Real estate markets focus on profit-driven developments, neglecting affordable housing needs.					
Housing developments prioritize middle- and upper-income families, sidelining informal settlers and low- income groups (Ballesteros, 2010).	Real estate projects cater to higher-income brackets, exacerbating inequalities in housing access.	Early signs of unequal housing distribution as property values rise with urban development.			





## "Growth is Infinite"

Urban growth often disregards ecological limits, leading to unsustainable practices.

The assumption that cities can grow indefinitely without resource or space limitations dominates urban planning (Lavilla et al., 2021).

Urban sprawl reflects the unchecked belief in unlimited land and resource availability.

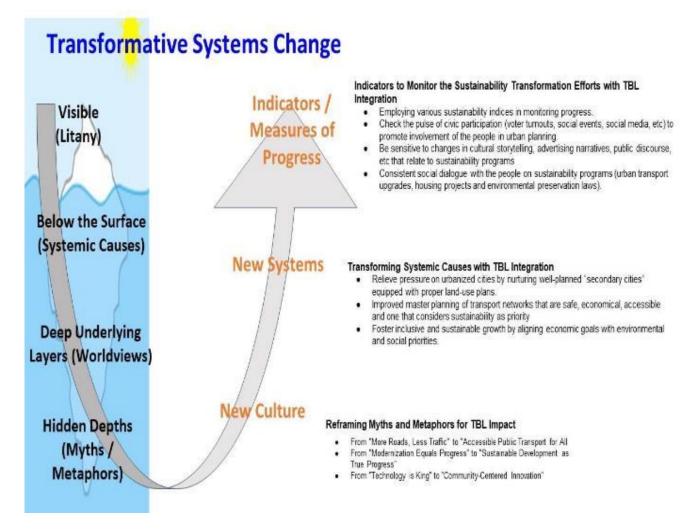
Early-stage development suggests limited awareness of resource constraints.

#### **Moving Forward Towards Sustainable Change**

To address these deep systemic issues identified, we look into transformative mechanisms for change such is in the illustration where we look at nurturing New Culture and New Systems. To ensure progress is made, we set Indicators to measure and tell us whether we need to iterate the sustainability plan for these highly-urbanized cities.

The Table below shows the transformative systems change in urbanization:

Table 11. Transformative Systems Change



#### **Synthesis and Actionable Recommendations**

The scenario analysis and the causal-layered analysis (CLA) have provided us several insights to understand the full range of possible futures and their drivers. In providing our synthesis and actional recommendations, we are connecting the dots between the visible urban problems, their root causes, the worldviews shaping decision, and the myths that influence policy-making.



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Balancing the three pillars of the triple bottom line, and based on the scenario analysis and the CLA, the following are concrete steps for achieving sustainability in the urban areas of the Philippines:

#### **Economic Recommendations**

#### **Public-Private Partnerships (PPP)**

The Group proposes the promotion of collaboration between the government, private businesses, and academia to develop sustainable urban infrastructure (e.g., renewable energy systems, green buildings, sustainable transportation solutions). It is necessary to expand and connect rail, bus, and ferry systems to reduce traffic congestion and increase the use of public transportation (ADB Report, 2017).

### **Green Technologies**

The Group proposes the development of innovative technologies (e.g., smart grids, electric public transportation, waste-to-energy plants) that will foster sustainable economic growth (MDPI, 2024).

#### **Economic Decentralization**

The Group proposes the development of secondary cities by increasing economic activity in smaller cities in order to relieve the pressure on Metro Manila and other large urban areas. Support micro, small, and medium enterprises by providing funding and training to foster local economic development (Barroza, et. al., 2024).

#### **Green Financing**

The Group proposes the funding of sustainable initiatives through municipal bonds, green taxes, and carbon credits (IFC, 2022).

## **Social Recommendations Inclusive Urban Planning**

The Group proposes the development of urban areas should prioritize the provision of affordable housing, social equity, and access to public services for all citizens, particularly marginalized groups. Provide housing that is affordable and has access to employment opportunities and services, thereby reducing sprawl and travel time in urban areas (Habitat for Humanity, 2024).

#### **Community Participation**

The Group proposes ensuring of urban development that reflects local needs and fosters social cohesion by involving local communities in planning and decision-making (DILG, et. al., 2019).

## Leveraging Technology and Data

The Group proposes that, in the use of smart city solutions, it is important to invest in technologies that provide real-time data collection on traffic, energy use, and disaster preparedness. In the digital governance platforms, increase accessibility and reduce administrative costs by providing e-governance services (DOST, 2021).

#### **Cultural and Social Integration**

The Group proposes that, in preserving cultural heritage, maintaining the identity and promoting tourism, historical sites should be protected and integrated into urban landscapes. In equitable urban design, ensure that public spaces and infrastructure are accessible to all, including persons who are differently abled (Dalton, et. al., 2022).





#### **Environmental Recommendations**

#### **Sustainable Land Use**

The Group proposes to ensure that mixed-use zoning is promoted and that urban sprawl is prevented with the aim of protecting green spaces and reducing the effect of cities on the environment (Olfato-Parojinog, et. al. 2024).

#### **Climate Resilience**

The Group proposes that in improving disaster preparedness, implement green infrastructure, and implement sustainable water and waste management practices in order to increase a city's climate resilience. In order to reduce flooding risks and ensure water security, rainwater harvesting, green roofs, and urban wetlands should be implemented (ADB, 2022). In zoning and land-use planning, construction should be restricted in flood-prone or landslide-prone areas.

#### **Promote nature-based solutions**

The Group proposes to enhance air quality and combat heat by investing in urban greening initiatives such as parks, green walls, and urban forests. Build pedestrian-friendly and bicycle-friendly infrastructure with safety as a priority (Matos, et. al., 2023).

#### **CONCLUSION**

A balanced approach to urban sustainability is vital for ensuring the long-term health and prosperity of rapidly growing cities. Cities can address current challenges while preparing for future requirements by integrating economic growth, social equity, and environmental responsibility. It is the infrastructure and vibrant economies of sustainable cities that foster innovation, create jobs, and attract investments; however, this growth must be based on long-term benefits rather than short-term gains. It is essential to ensure equitable access to resources, housing, transportation, and services in order to reduce social disparities and to empower all residents to participate in and benefit from urban development. In order to mitigate climate change and ensure a livable environment for future generations, it is imperative to protect ecosystems, reduce emissions, and promote resource efficiency.

As a result of the interdependence between these three pillars, a balanced approach recognizes that neglecting one can undermine the progress of the others. Economic growth at the expense of the environment, for example, may lead to degraded ecosystems that affect productivity in the long run, whereas ignoring social equity may lead to unrest and inefficiency. As cities face rapid urbanization and global challenges, this holistic framework is designed to ensure their resilience, inclusiveness, and adaptability.

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